

# Station 1: Patient Assessment/Management Trauma

## Scene Size-Up

BSI, safe scene, MOI, consider spine stabilization

## Initial Assessment

General impression, AVPU, Chief complaint/Life threats

**A**irway (LLF), **B**reathing (IPASO), **C**irculation (bleeding, pulse, skin)

Identify Priority and make Transport decision (load & go | stay & play)

Inspect & palpate neck for DCAP-BTLS, JVD & tracheal deviation. Apply collar.

Perform barrel roll. Inspect, & palpate posterior for DCAP-BTLS. Apply board.

Move patient into ambulance.

## Patient Assessment

Rapid assessment or Focused assessment

Vital Signs: respirations (rate & quality), pulse (rate & quality), BP

SAMPLE history

## History and Physical Exam

Head: inspect & palpate

scalp DCAP-BTLS, crepitation

ears blood, fluid, Battle's sign

face DCAP-BTLS, crepitation

eyes PERRL, raccoon eyes

nose blood, fluid

mouth teeth

Neck: inspect & palpate for JVD & tracheal deviation

Chest: expose, inspect, & palpate for DCAP-BTLS, paradoxical motion, crepitation

auscultate for breath sounds (normal, equal, wheezing, rales)

Abdomen: expose, inspect, & palpate for DCAP-BTLS, firm, soft, distention

Pelvis: expose, inspect, & palpate

hips DCAP-BTLS, pain, tender, motion

genitalia penis priapism, perineum extreme wetness

Extremities: expose, inspect, & palpate for DCAP-BTLS, PMSx4

Posterior: expose, inspect, & palpate thorax & lumbar for DCAP-BTLS

Manage secondary wounds.

## Ongoing Assessment

Repeat initial assessment; Repeat vital signs; Repeat focus assessment.

# Station 2: Patient Assessment/Management Medical

## Scene Size-Up

BSI, safe scene, NOI, consider spine stabilization

## Initial Assessment

General impression, AVPU, Chief complaint/Life threats

**Airway** (LLF), **Breathing** (IPASO), **Circulation** (bleeding, pulse, skin)

Identify Priority and make Transport decision (load & go | stay & play)

## Patient Assessment

Assess history of present illness by asking required questions:

<u>Respiratory</u>	<u>Cardiac</u>	<u>Altered Mental Status</u>	<u>Allergic Reaction</u>
Onset?	Onset?	Description of the episode	History of Allergies
Provokes?	Provokes?	Onset?	What were you exposed to?
Quality?	Quality?	Duration?	How were you exposed?
Radiates?	Radiates?	Associated symptoms?	Effects?
Severity?	Severity?	Evidence of trauma?	Progression
Time?	Time?	Fever?	Interventions?
Interventions?	Interventions?	Seizures?	
		Interventions?	

<u>Poisoning / Overdose</u>	<u>Environmental Emergency</u>	<u>Obstetrics</u>	<u>Behavioral</u>
Substance?	Source?	Are you pregnant?	How do you feel?
When ingested or exposed?	Environment?	How long?	Do you feel suicidal?
How much did you ingest?	Duration?	Pain or contractions?	Is patient a threat others?
Over what time period?	Loss of consciousness?	Bleeding or discharge?	Is there a medical problem
How much do you weigh?	Effects general or local?	Has water broken?	Interventions?
Interventions?		Do you feel the need to push?	
		Last menstrual period?	

SAMPLE history

Focused physical exam

Vital Signs: respirations (rate & quality), pulse (rate & quality), BP

## Treatments / Interventions

<u>Respiratory</u>	<u>Cardiac</u>	<u>Altered Mental Status</u>	<u>Allergic Reaction</u>
Give Albuterol if 1 to 65 years old, exacerbation of previously diagnosed asthma, no cardiac history, max two doses	Give 4 baby aspirin if not allergic and no GI bleed. Assist with nitro if chest pain, cardiac history, has own nitro, shows willingness, BP>120, no ED drug use, 1 dose per 5 min max 3 doses	Assist with oral glucose if history of diabetes, controlled by meds, can swallow, shows willingness	Assist with Epinephrine if in cardiac or respiratory distress, has own prescribed Epi-pen or OKed by Medical Control

<u>Poisoning / Overdose</u>	<u>Environmental Emergency</u>	<u>Obstetrics</u>	<u>Behavioral</u>
Give activated charcoal only with permission of Medical Control			

Re-evaluate transport decision.

Consider detailed physical exam.

## Ongoing Assessment

Repeat initial assessment; Repeat vital signs; Repeat focus assessment.